CIT REGULATIONS CYCLING TIME TRIALS IMET





- DROP OR STRAIGHT HANDLEBARS PERMITTED NO TRI-BARS, CLIP-ON BARS OR SPINACI BARS
- NO LESS THAN 35CM WIDTH
- MUST OPERATE INDEPENDENTLY ON BOTH **FRONT AND REAR WHEELS**
- MACHINES WITH FIXED WHEEL REQUIRE ONLY A BRAKE OPERATING ON THE FRONT WHEEL(S)
- RIM DEPTH MAX 90MM
- MUST HAVE AT LEAST 12 SPOKES ON EACH WHEEL
- NO DISC WHEEL
- WORKING RED LIGHT MUST BE FLASHING **OR CONSTANT**
- WORKING WHITE LIGHT MUST BE FLASHING, **OR CONSTANT**
- SHOULD CONFORM TO A RECOGNISED STANDARD SUCH AS SNELL B95, ANSI 290.4, AUS/NZS 2063:96, DIN 33-954, CPSC **OR EN 10788**
- MUST BE FROM THE NECK TO AT LEAST **MID-THIGH**
- SLEEVES: MID UPPER ARM LENGTH
 TYPE B EVENTS: TRIATHLON STYLE SLEEVELESS TOPS PERMITTED

REG 14 A/D/L **HANDLEBARS**

REG 14 B/C BRAKES

REG 14 G/L **WHEELS**

REG 14 J REAR LIGHT

REG 14 K **FRONT LIGHT**

REG 15 HELMET

REG 16 **CLOTHING**



- AEROBARS PERMITTED
- NO LESS THAN 35CM WIDTH
- MUST OPERATE INDEPENDENTLY ON BOTH
- FRONT AND REAR WHEELS

 MACHINES WITH FIXED WHEEL REQUIRE ONLY
 A BRAKE OPERATING ON THE FRONT WHEEL(S)
- DEEP SECTION RIMS, TRI-SPOKE AND WHEELS
- OF A SIMILAR DESIGN PERMITTED
 FRONT WHEEL MUST HAVE AT LEAST 45% OF THE SURFACE AREA OPEN
- WORKING RED LIGHT MUST BE FLASHING **OR CONSTANT**
- WORKING WHITE LIGHT MUST BE FLASHING, **OR CONSTANT**
- SHOULD CONFORM TO A RECOGNISED STANDARD SUCH AS SNELL B95, ANSI 290.4, AUS/NZS 2063:96, DIN 33-954, CPSC **OR EN 10788**
- MUST BE FROM THE NECK TO AT LEAST **MID-THIGH**
- SLEEVES: MID UPPER ARM LENGTH
 TYPE B EVENTS: TRIATHLON STYLE
 SLEEVELESS TOPS PERMITTED